



# **AGILITY AT WORKPLACE:**

# AGILE WAYS OF WORKING

AS-107

Duration: 3 days; Instructor-led | Virtual Instructor-led

# WHAT WILL YOU LEARN

This course equips learners with knowledge, skills, attitudes and techniques to thrive in VUCA (volatile, uncertain, complex, and ambiguous) environments by adopting Agile Way of Working. Learners will learn to manage thoughts and emotions effectively in challenging situations, demonstrate self-organization and teamwork, and acquire new knowledge rapidly. Emphasis is placed on fostering innovation, continuous improvement, and risk management. Additionally, learners will develop their very own bespoke strategies for effective conflict resolution and stakeholder engagement, ensuring collaborative outcomes and significant performance enhancements.

#### COURSE OBJECTIVES

- Develop measures to embrace VUCA (volatile, uncertain, complex, and ambiguous) environments at the workplace by adopting Agile Way of Working.
- Demonstrate the ability to manage thoughts and emotions in challenging situations, showing adaptability and resilience in navigating changing emotional landscapes.
- Demonstrate proficiency in self-organising and self-directing within teams to achieve goals and exhibit a readiness and capability to acquire and apply new knowledge and skills in diverse contexts.
- Develop skills in generating innovative ideas and practices, continuously improving, and managing risks effectively in a dynamic environment.
- Demonstrate ability to navigate conflicts effectively using adaptive strategies and engage stakeholders efficiently, ensuring collaborative and constructive outcomes in VUCA environments.

#### **PREREQUISITES**

None

#### AUDIENCE

- Technical and non-technical teams, including front-line managers and C-level executives, are keen on embarking and leveraging the benefits of Agile Ways of Working.
- Potential roles impacted by this training include but are not limited to, Executives and Professionals

#### **METHODOLOGY**

This program will be conducted with interactive lectures, PowerPoint presentations, discussions, and practical exercises.

## **COURSE CONTENTS**

# **Module 1: VUCA Environment**

- Achieves Learning Outcomes 1
- Understanding the characteristics and challenges of VUCA (volatile, uncertain, complex and ambiguous) environments

# **Module 2: Thinking Agility**

- Achieves Learning Outcome 2
- The ability to respond to channel and direct one's thoughts and feelings work for them during challenging situations

# **Module 3: Emotional Agility**

- Achieves Learning Outcome 3
- The ability to navigate and manage one's emotions effectively and adapt to changing emotional situations

## **Module 4: Team Agility**

- Achieves Learning Outcome 3
- The capacity of individuals in teams to self-organise and selfdirect to achieve their goals perpetually

# **Module 5: Learning Agility**

- Achieves Learning Outcome 3
- The willingness and ability of individuals and teams to acquire new expertise quickly and apply it in different contexts.





# Module 6: Agility & Adaptability

- Achieves Learning Outcome 4
- Developing skills in agility and adaptability, including how to pivot quickly, respond to changing market conditions, and manage risk effectively.

# **Module 7: Conflict Resolution**

- Achieves Learning Outcome 5
- Navigate conflicts effectively in volatile, uncertain, complex, ambiguous environments through adaptive strategies for resolution and collaboration

# Module 8: Stakeholder Engagement

- Achieves Learning Outcome 5
- The art of understanding how to engage stakeholders

# **Module 9: Retrospective**

- Achieves Learning Outcome 4
- Undertake team reflection for continuous improvement

# Module 10: Introspective

- Achieves Learning Outcome 4
- Undertake individual reflection for continuous improvement

# Module 11: Case Study & Simulation Workshop

- Achieves Learning Outcome 1
- Immersive application of Agility@Workplace: Agile Ways of Working based on a real-life case study